

# June 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

**\*\*Please note that activities are subject to change**

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Please turn over for dates 16 – 30

10:00 Café 3  
 10:15 Bus Trip  
 10:30 Physio  
 11:15 Quiz  
 2:00 Biggest Afternoon Tea to raise funds for the Cancer Council



**Hairdresser** 4  
 10:00 Café  
 10:30 Physio  
 11:15 Quiz  
 1:30 Make & eat pizzas 'w' Ainslee.  
 3:00 Darts


10:00 Café 5  
 10:30 Physio  
 11:15 Quiz  
 1:30 Bingo  
 3:00 Information session 'w' Rudi from Bayside Library

10:00 Café 6  
 10:30 Physio  
 11:15 Quiz  
 1:30 Knit & Chat  
 1:30 On-line Crosswords  
 3:00 Music Requests

10:00 Café 7  
 10:30 Physio  
 11:15 Quiz  
 1:30 The Hot Flushes entertain.  
 3:00 Bocce

1:30 Exercise 8  
 2:00 – 3:30 Activities 'w' Lucy

1:30 Exercise 9  
 2:00 – 3:30 Activities 'w' Lucy

**Public Holiday King's Birthday** 10   
 10:00 Café  
 10:30 Physio  
 11:15 Quiz  
 1:30 Men's Group  
 3:00 Golf

**Hairdresser** 11  
 10:00 Café  
 10:30 Physio  
 11:15 Quiz  
 1:30 Bingo  
 3:00 Darts

10:00 Café 12  
 10:30 Physio  
 11:15 Quiz  
 1:30 Art connections  
 3:00 Bocce

10:00 Café 13  
 10:30 Physio  
 11:15 Quiz  
 1:30 Presentation re Drumming Program  
 3:00 Knit & Chat

10:00 Café 14  
 10:30 Physio  
 11:15 Quiz  
 1:30 Music Requests  
 3:00 Happy Hour

1:30 Exercise 15  
 2:00 – 3:30 Activities 'w' Tanya

1:30 Exercise 16  
 2:00 – 3:30 Activities 'w' Tanya

1:30 Exercise 1  
 2:00 – 3:30 Activities 'w' Tanya

1:30 Exercise 2  
 2:00 – 3:30 Activities 'w' Tanya

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>10:00 Café 17</p> <p>10:00 Bus Outing to Classic Cinema to see <i>Cat on a Hot Tin Roof</i></p> <p>10:30 Church</p> <p>10:30 Physio</p> <p>11:15 Quiz in lounge</p> <p>1:30 Walk &amp; Talk</p> <p>3:00 Men's Group</p> <p>3:00 Golf</p>	<p><b>Hairdresser</b> 18</p> <p>10:00 Café</p> <p>10:30 Physio</p> <p>11:15 Quiz</p> <p>1:15 CWA</p> <p>1:30 Armchair Travel to Vietnam 'w' Keren</p> <p>3:00 Darts</p>	<p>10:00 Café 19</p> <p>10:30 Physio</p> <p>11:15 Quiz</p> <p>1:15 CWA</p> <p>1:20 Beaumaris Secondary College Concert</p> <p>3:00 Bingo</p>	<p>10:00 Café 20</p> <p>10:30 Physio</p> <p>11:15 Quiz</p> <p>1:30 Knit &amp; Chat</p> <p>1:30 Walk &amp; Talk</p> <p>3:00 Presentation Tips for coping better with life.</p>	<p>10:00 Café 21</p> <p>10:30 Physio</p> <p>11:15 Quiz</p> <p>1:30 Peter Garam entertains.</p> <p>3:00 Card Games</p>	<p>22</p> <p>1:30 Exercise</p> <p>2:00 – 3:30 Activities 'w' Lucy</p>	<p>23</p> <p>1:30 Exercise</p> <p>2:00 – 3:30 Activities 'w' Lucy</p>
<p>MONDAY 24</p> <p>10:00 Café</p> <p>10:15 Bus Trip</p> <p>10:30 Physio</p> <p>11:15 Quiz</p> <p>1:30 U &amp; I Fashions Ladies Fashion Pop-up shop</p> <p>3:00 Men's Group</p> <p>3:00 Golf</p> <p>St Leonard's Students here today</p>	<p>TUESDAY 25</p> <p><b>Hairdresser</b></p> <p>10:00 Café</p> <p>10:30 Physio</p> <p>11:15 Quiz</p> <p>1:30 Cooking Followed by Sampling!</p> <p>3:00 Bingo</p>	<p>WEDNESDAY 26</p> <p>9:00 Men's Breakfast</p> <p>10:00 Café</p> <p>10:30 Physio</p> <p>11:15 Quiz</p> <p>1:30 Art connections</p> <p>3:00 Movie in the lounge</p>	<p>THURSDAY 27</p> <p>10:00 Café</p> <p>10:30 Physio</p> <p>11:15 Quiz</p> <p>1:30 Paint 'n' Sip</p> <p>1:30 Knit &amp; Chat</p> <p>3:00 Walk 'n' Talk</p>	<p>FRIDAY 28</p> <p>10:00 Café</p> <p>10:30 Physio</p> <p>11:15 Quiz</p> <p>1:30 Armchair Travel to Singapore 'w' Tanya</p> <p>3:00 Happy Hour</p>	<p>SATURDAY 29</p> <p>1:30 Exercise</p> <p>2:00 – 3:30 Activities 'w' Tanya</p>	<p>SUNDAY 30</p> <p>1:30 Exercise</p> <p>2:00 – 3:30 Activities 'w' Tanya</p>

