

fairway  
Bayside Aged Care



# fairway *Newsletter*

June 2023



We listen.  
We respect.  
We care.



# DIRECTOR OF CARE REPORT

**fairway**  
Bayside Aged Care



Winter is coming!!!!

And no, this is not a picture of me!



Along with winter are the respiratory infections; with influenza and Covid-19 viruses being at the top of the NOT WANTED List. A big thank you to all that are testing and washing their hands prior to entry, and for those who have stayed away when feeling unwell. This all goes to protecting our vulnerable residents. To date we have had no cases of either the influenza or Covid-19 virus within the facility. However, it is early days and I am not going to speak too soon. Winter has only just begun.

We have conducted Covid-19 vaccine clinics, as well as influenza vaccine clinics for the residents and staff. We have captured most of the residents with the remaining residents to be vaccinated in June, in line with their due dates.

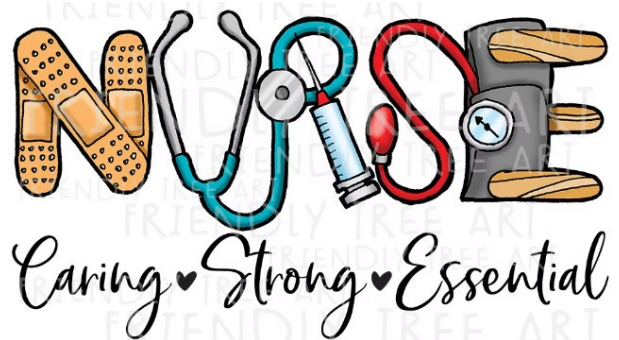
We have conducted random and direct testing of residents. So far so good. Fingers crossed. That said, we have a Covid-19 and infectious disease plan in place, along with ample supply of PPE, and trained staff. We will remain vigilant and keep you up to date with any changes.

We received an unannounced visit from the Aged Care Quality and Safety Commission in May and they were pleased with our plans and approach. There were no recommendations reported.

# DIRECTOR OF CARE REPORT

A review of the human resources of Fairway took place in May. This review resulted in the expansion of Patient Care Attendant (PCA) hours, the commencement of registered nurses (RNs) on night duty, as well as the introduction of further RN/EEN (medication endorsed enrolled nurses) hours on the morning and afternoon shifts. This is to meet the changing care model of the Victorian acute hospital sector moving to keep residents within the comfort of their home where possible and minimize admissions to the hospital sector. In making these changes, the inclusion of more RN hours will also meet the mandatory Commonwealth requirements of having an RN on every shift 24 hours a day.

The following are the key clinical team members and registered nurses within Fairway Bayside Aged Care:



Director of Care – Jennifer Taylor

Clinical Project Officer- Pooja Patel

|                    |            |                  |
|--------------------|------------|------------------|
| Registered Nurses: | - Premilla | morning shift    |
|                    | - Dinesh   | morning shift    |
|                    | - Lydia    | morning shift    |
|                    | - Julyen   | afternoon shift  |
|                    | - Navdeep  | afternoon shift  |
|                    | - Braydon  | afternoon shift  |
|                    | - Jess     | night duty shift |
|                    | - Jeff     | night duty shift |

We also have a new receptionist/administration support person-Andréa

# DIRECTOR OF CARE REPORT

The outside of the building and main public areas have been painted. The gardens have been addressed. We are also revising the cleaning schedule to ensure that resident rooms are presentable at all times.

We have received some very positive comments and also great suggestions for improvement. We thank you for these and encourage feedback. Please also note there is an internal complaints system in place, as well as an external

complaints system, should you require it. Brochures are available at the entry of the facility. There is also information on the Aged Care Quality and Safety website. I hope our provision of service means that you will not need to use these.



If you have any suggestions for our Lifestyle Programme, please let Margaret (Lifestyle Coordinator) know. If you are able to volunteer any of your talents, whether it is time, musical ability, arts, thai chi, guest speaking on subjects of interest etc. please let Margaret know. We are a community owned facility and like to engage with members of our community as much as possible.

We are revising our Palliative Care Programme and Behaviour Programme in collaboration with specialist organizations. We aim to continually align with best practice and ensure optimal care for our residents.

We are also establishing a Consumer Committee this year and will be calling on expressions of interest from those who may like to be a member. I will send out more information on this in the near future.

**Jennifer Taylor**  
Director of Care

# NEWS FROM THE LIFESTYLE TEAM....

We were lucky to have the students again on St. Patrick's Day from the Hall School of Irish Dancing. The students charmed the residents and staff with their individual dances and have promised to come again in 2024.



**Left to right Niamh, Tara, and Charlotte**

Tania, entertained us again with a mix of blues and jazz numbers which the residents remember from their younger days and are not shy about joining in. The concert was held in House 5 with staff escorting residents from downstairs to the recently decorated activity room. Everyone was delighted and surprised at the spacious living area especially at how much light and colour there is. These positive comments were also made at the recent combined afternoon tea that was celebrated on the refurbished balcony.



# NEWS FROM THE LIFESTYLE TEAM....

## Angaphora Tree

We were treated to a presentation by a local resident, Kumari, who spoke to us regarding the 100<sup>th</sup> birthday of the Angaphora Costata tree that was planted by the director of the Semco Company in Cheltenham Road, Black Rock in 1923. Semco was a factory that employed mainly women who produced a variety of products such as tablecloths etc and children's clothes. She was interested to find out if any of our residents worked or knew of anyone who worked in the factory before it closed in the 1950's. We discovered that Marion's aunt worked for the company. We learnt that the company was ahead of its time, always thinking about ways to improve staff conditions and, according to an article produced for the Mordialloc City News in November of 1944, the starting pay for a fifteen-year-old (mainly girls) was 25 shillings per week, a lot of money for the times. The afternoon led to some lively discussions on the flora and fauna of the area, and we discovered that Jim's brother planted all the trees on Tulip Street closest to reserve road. Norman was passionate about the environment and wrote a couple of books on plants and trees which Jim treasures.



**Angaphora tree in Semco Close, Black Rock**

# NEWS FROM THE LIFESTYLE TEAM....

## **Mavis Graham**

Mavis turned 101 years old on the 25<sup>th</sup> of May. We had an early celebration for her in April which was a great success. Mavis loves all things Scottish which gave her family the idea of booking a Scottish piper for the occasion. As you can see by the photos Mavis was genuinely delighted with Callum's performance. Initially we were all wishing we had hired earplugs for the occasion, but we quickly became used to the high decibels and settled into what was an amazing and unique experience for everyone.



**Mavis & Callum**



**Mavis's Birthday cake was delicious!**



## **Paul McCarthy**

Paul McCarthy has become a staple of our entertainment calendar and once again he did not disappoint. Flowing easily from contemporary music to classical with little bits of chat in-between, Paul works his audience like a professional. We feel so lucky to have him perform regularly for our residents!

**Paul McCarthy**





# Resident Profile

## **James Brooks (Jim)**

Jim arrived at Fairway on the 27<sup>th</sup> of May 2020. Since the first day he arrived Jim has made this place his home and staff and fellow residents alike have embraced him for his kind, gentle, and positive nature. Jim participates in a wide variety of activities from exercises to golf, bocce, darts, armchair travel, and men's breakfast, which he is particularly fond of.



**Jim and his table mates  
Ray on the left & David on the right**

# Resident Profile

## **Jim's background**

Jim was born in Sandringham to English parents. He had one brother who was 12 years old when he was born. His childhood was uneventful until he joined the army at the age of 20. He served from Melbourne to Darwin, Port Moresby and Borneo. He states that he had a good time sharing his days with like-minded men and having lots of laughs when they weren't being shot at!

Jim has one daughter, Jennifer, and has 2 grandchildren Jasper and Molly. Jasper is hoping to study in Canberra this year as he would like to join the diplomatic corps whereas Molly is in year 12 and her ambition is to work as a marine biologist.

Apart from his war service Jim has lived in Beaumaris all his life and what he doesn't know about the flora and fauna and the intricacies of the suburb you could write on a postage stamp. Jim was a keen gardener and some of the plants outside his window have been brought from home. He is also a lover of birds and enjoys putting food in the birdbath outside his room where he can observe them feeding and taking a bath.



Jim worked as a plasterer, regularly working on houses that were heritage listed. Often, he had to search around for the correct piece for a repair, failing that he had to make it. He enjoyed the work and took pride in doing a good job.

# Resident Profile

Sport has played a big part in Jim's life having played football in the VFL for the Cheltenham club then later becoming an official. As well as football, Jim enjoyed playing golf right up until he was 90 years old. Jim is a regular at the Cheltenham Golf Club on Friday's where he meets his old friends for lunch.

Reading is another of Jim's pleasures mainly the newspapers and non-fiction books! Life is too short to read fiction according to Jim.

Jim recently turned 102 years old, and he has announced that he plans on living until he is 105. We all hope he does as he is a delight to have around and a testament to living well at any age.



**Jim scoring a bullseye!**



# **King Charles' Coronation**

Naturally the King's coronation was acknowledged and celebrated with the right amount of pomp and majesty! Both residents and staff enjoyed dressing up and watching history unfold before our very eyes.



**Jean getting into the spirit**



**Very regal Lesley & daughter Virginia**



**Ayman, Tina, Margot, David, & Tanya**



**Tina & Lesley**



# **Bayside Police**

During May we were lucky enough to have a presentation by members of Victoria police from the Bayside Branch. Their talk covered a variety of topics with the focus being on eSafety and Scams. Residents and staff were captivated by the wealth of information and knowledge police members Bert and Miles imparted on the day. Residents asked numerous questions which were answered with good humour and relevant information intended to assist people in protecting themselves on social media, iphones, and email. At the conclusion of the presentation Miles and Bert kindly lingered whilst we all took photos. Then, like the big kids we turned into on the day, we were lucky enough to sit in the police car with lights and siren turning on and off like crazy! At the end of the day we felt so lucky to be able to listen to these intelligent caring men who put their lives on the line every day for us.



**Malcolm enjoying the Police car**



**Ray in the driver's seat**

# Bayside Police



**Marg, Jodie & Erica with the two guest Police Officers Miles & Bert**



**Bonnie and the Police Officers  
Miles & Bert**



**Jacques ready for action!**



# Intergenerational Program

In a collaboration with Highett Neighbourhood House and St Mary's Primary School (year 6) Fairway has committed to a six week intergenerational program. We have enjoyed 2 weeks so far but it is shaping up to be a successful venture. Residents and students spent time getting to know each other in week one with week 2 dedicated to table games which was a lot of fun. Helen and Barbara turned out to be Jenga champions!! The upcoming weeks will combine fun exercise, potting a plant, cognitive games, and art, followed by a wrap up session at the conclusion. We are lucky to have this opportunity and look forward to what will unfold.





# Intergenerational Program

## (continued)





## **MOCKTAIL/COCKTAIL PARTY**



Please join us for a Mocktail/Cocktail Party which the amazing Lifestyle team will be hosting in the Activity Room on the evening of Thursday 27<sup>th</sup> of July from 6 - 8pm.

Please RSVP to Marg by  
Friday 21st July by emailing  
[lifestyle@fairwayagedcare.org.au](mailto:lifestyle@fairwayagedcare.org.au)

Hope to see you there!





To those Residents who have  
recently joined us:

**Marjorie Cameron**

**Robert Marcombe**

**Anne Nowlan**

**Max Nowlan**

**Julie Ann Wardlaw**

**Valerie Edstrom**

We welcome you and are pleased to  
have you as part of the Fairway family!



*In Loving Memory*

*of those Residents who have recently  
left us*

Joyce Bisset  
Helen Farmer  
Mary Lee  
Margaret Williams  
Nita Fone

*You will always be remembered*

# Staff Movements



We welcome the following staff members to the Fairway team:

Jennifer Taylor (Director of Care)

Dean Weston (Finance Manager)

Jeff Komen (RN)

Lydia Zhang (RN)

Navdeep Kaur (RN)

Dinesh Sharma (RN)

Braydon Aguinaldo (PCA)

Ramandeep Kaur (PCA)

Sheilla Cabana (PCA)

Jessie Linsangan (PCA)

Jyoti Pal (PCA)

Sally Porter (Lifestyle)

Rebecca Satineer (Lifestyle)

Andréa Browne (Receptionist)

Amanda Trewin (Finance Assistant)



## Staff Movements

*Thank You!*

**Farewell  
and  
Good Luck**

We thank the following staff members for their hard work and dedication to Fairway and we wish them all the best for the future:

Sri Subbiah (Catering)

Bohni Khisa (PCA)

Sudesh Kumar (PCA)

Gerard McLeod (Clinical and Quality Manager)

Mandy Christie (Nurse Advisor)

Frank DeSumma – EEN)

Rosemary Heales – PCA)

Jobanpreet Singh (RN)

Kristen Furio (PCA)



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