fairway
Bayside Aged Care

fairway *Newsletter*

May 2022

We listen.
We respect.
We care.

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Bayside Aged Care

Message from CEO – Kyan Ho

Welcome to May 2022 edition of Fairway's newsletter.

Happy belated Easter!

In recent discussions with members of the Fairway community, suggestions were made that Fairway's newsletter should be published more often. We welcome the suggestions and will be publishing newsletters every 2 months moving forward. We will be looking to release monthly newsletters in the near future.

Another suggestion was to provide a "getting to know" a resident, staff member, volunteer or any members and affiliates of the Fairway Community. This is a great way to know who is involved in the Fairway community and what they contribute. The "getting to know" piece is voluntary and how it is written will be up to the individual.

Getting to know Kyan

This piece of getting to know Kyan will be written as more of a "thank you" message. I have plenty of people and events to be thankful for.

I am thankful for:

- The opportunity to immigrate to Australia as an Asylum Seeker in the early 80s
- To appreciate the lives of older family members and friends for their struggles to ensure they build a better future for their families
- To learn the importance of family and friends during a time of struggles
- To be given an education
- To do and enjoy what you want to do not because other people are doing it
- To never take life and people for granted
- To learn from your mistakes. It can only make you stronger
- To learn and love your kids no matter what
- To be empathetic and listen to better understand people
- To value good health
- To value life

A final thanks to the Residents, Relatives, Staff, Board, Volunteers and affiliates of Fairway for the support, patience and understanding over the past couple of years.

Fairway News

Winter preparedness

As we approach Winter, we encourage residents, staff and relatives to get their flu and Winter COVID vaccine. We had recently rolled out flu vaccination for residents and staff which was received with great success.

The Department has been working closely with Providers to prepare, respond to and recover from viruses such as influenza, as well as continuing to respond to the threat of COVID-19.

Stay well

Kyan Ho

CEO

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Message from our Director of Care & Clinical Services
Julia Koliar

Dear Everyone,

We are now approaching the last month of beautiful autumn and as we move into the colder winter months we are well prepared for the challenge ahead

Vaccination

Aspen Medical are booked to deliver the Covid-19 winter vaccination on the 23rd May for a morning session. If you haven't returned a consent form for your loved one, please do so before 20th of May.

Residents who recently contracted Covid-19, must now wait 4 months after their positive results to have their 4th winter dose.

You have probably noticed our staff are now wearing more protective P2 masks, we also asking every visitor to continue to change their own mask to a new P2 mask due to the ongoing external threat from Covid-19 and now Influenza.

Rest assured Fairway's workforce and Outbreak Management Team are meeting regularly to ensure we are ready in case we encounter an Exposure or Outbreak.

Covid-19

This recent Covid-19 exposure in March has proven our team is confident to stand up and fight against an outbreak, we were able to contain the virus and eliminate the transmission successfully by applying Partner in Care Model.

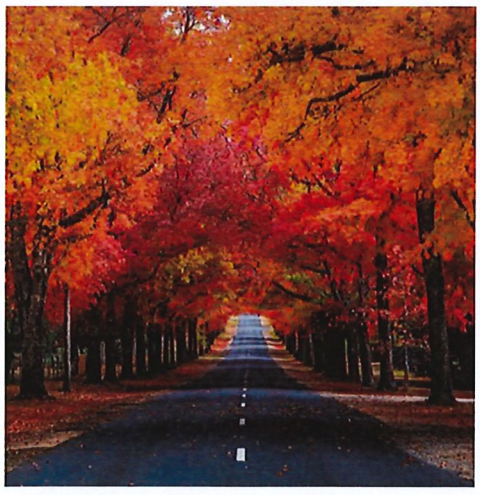
We are now currently in outbreak mode with 2 residents and few staff members who have tested positive to Covid-19. We are fully committed to keeping you well updated on any changes during this outbreak period. All our efforts are going to limit the transmission by applying strict infection control practices and continue to provide quality of care to all Fairway residents.

We strongly encourage you to speak to myself or Kyan if you have any immediate or extended concerns, we are more than happy to address them.

I would also like to take this opportunity to address my warmest wishes for upcoming Mother's Day. Visiting restrictions remain unchanged, but we would like you to be mindful of Covid-19 Outbreak risks and possible exposure especially for immunocompromised visitors and children.

Please stay Safe and Blessed!

Julia Koliar

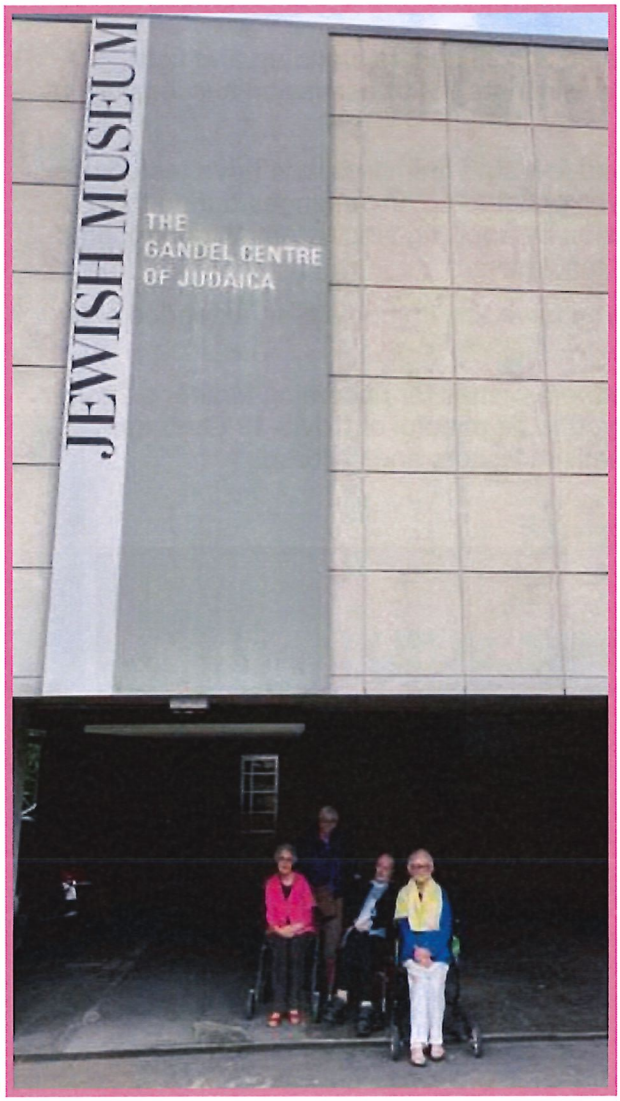


Recent Events

Hall School of Irish Dance

To celebrate St. Patricks day, we welcomed Mila, Saoirse and Roisin from the Hall School of Irish Dance to entertain the residents with their beautiful dancing. The residents were thoroughly entertained.

We appreciate the Hall School of Irish Dance for coming and volunteering their time at Fairway.



Jewish Museum

The Jewish Museum has over 20,000 items, the largest collection of Jewish-Australian artefacts in the world, predominately donated by the community.

Our residents enjoyed visiting the exhibits and the stories told through historical and contemporary Judaica; fine art, photography and textiles; letters, diaries, documents and books. These everyday items speak of a richly diverse, and ever evolving, Jewish life in Australia.

Fundraising Committee Member

Are you interested in Fundraising? And would be interested in forming part of the Fairway Bayside Aged Care Fundraising Committee.

Please contact Moira on 9599 4199.

History of Sandringham

Sandringham, a bayside residential suburb 16km southeast of central Melbourne.

The area was first known as Gipsy Village from a fishing community which occupied the coast line around Picnic Point out of sight of Brighton. In 1852 a land speculator, Josiah Holloway attempted to sell off allotments, named the estate Gipsy village – The proposal was ahead of its time as the railway line did not reach Brighton until 1861, the rail extension to Sandringham was completed in 1887.

In 1855 a school opened in the Anglican church. In 1881 Gipsy Village had a census population of 183

Gipsy Village became Sandringham in 1888, the year after the railway extension. The name was inspired by local landowner and local parliamentarian Charles H. Jones who was in turn inspired by the Prince of Wales' Sandringham House.

GIPSY VILLAGE.—A postal village, 9½ miles S. of Melbourne, on Port Phillip bay. This is a settlement over thirty years old. A conveyance meets trains. District market gardening. Population, 183.

SANDRINGHAM (38° S. lat., 145° E. long.) (county Bourke, shire Moorabbin), is a railway terminus with post and telegraph office, about 11 miles S. of Melbourne, on Port Phillip Bay. It is a favourite watering-place. A tram starts from here for Cheltenham, Beaumaris, and Blacrock favourite holiday resorts. The settlement is over thirty years old, and was once called Gipsy Village. Has three hotels, tea gardens, golf links, State school (No. 267), private school, Municipal baths, jetty of steamers, &c., police station, Anglican, Presbyterian and Wesleyan churches, Parochial hall, and numerous market gardens. Lighted with gas and kerosene. Yan Yean water supply. Formation: furruginous with sandstone. Population of district, about 1,400.

Population growth was rapid during the 1920s and 1930, with the township having a picture theatre, lodges, private hospitals, and sporting facilities. In the 1950s the housing commission of Victoria built a large estate of houses for sale. This estate was one of the first to include a shopping Centre.

In the 1980s and 1990s many of the humbler houses facing the foreshore were replaced by luxury houses and apartments to take advantage of the bay views. 1995 the City of Sandringham became part of the new Bayside City.

Word Search

SANDRINGHAM

K R P I C N I C P O I N T G Y F Y
L A X X Y F I S H I N G X A Y T H
S I V S P N L Y P G T U W G I L E
O L F W O V G J T G W R G N I B E
U W J X R D S O C Q I G U C P G R
T A G W T Y E B L A B M N X A B M
H Y D Q P T Y X F F M U U L Q A I
E K M A H E J Y J O O Q L T H H A
A L A H I Q Y I C C R I N G H D G
S H Y O L U W S T E V E N B O D E
T I O P L Z P B I Y M I S F L P D
B T J S I V F P S E R O P H L H C
E E O H P Y J P L D Z N T A O X A
A Q S S B I I T N J O X P Z W R R
C T I R A G T A D O A Z U R A B E
H Z A J Y E S A V Q P W V D Y Z U
G X H H S G L F L S B A Y S I D E

Sandringham
Fairway
Pier
Foreshore
Fishing
Bayside
Aged Care
Gipsy Village
Josiah
Railway
Beach
Golf
Community
Holloway
Southeast
Hospital
Council
Picnic Point
Settlement
Port Phillip Bay

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Easter At Fairway 2022

Thank you once again for your support for our Easter Raffle. As you know the money raised from this and future raffles will support our new program 'Win a Wish' to be launched in May. Please encourage/assist your loved one to submit a wish. Any donations for future raffles would be gratefully received.

The amount raised from the Easter raffle was $374.40.

Congratulations to the lucky winners:

1st Prize Dawn Scholes, 2nd Prize Peggy Silver and 3rd Prize Marion Lucas.

Calendar of Events

Residents Meetings
26th May @ 1.15pm
23rd June @ 6.00pm

Mothers Day
8th May.

National Receptionists day 11th May

International Nurses Day 12th May

Queens Birthday
13th June

All of us at Fairway Bayside Aged Care would like to wish you all a wonderful mother's day.

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Anzac Day - 25th April 2022

The Ode

They shall grow not old, as we that are left grow old; Age shall not weary them, nor the years condemn.

At the going down of the sun and in the morning

We will remember them.

- Laurence Binyon (1869—1943)

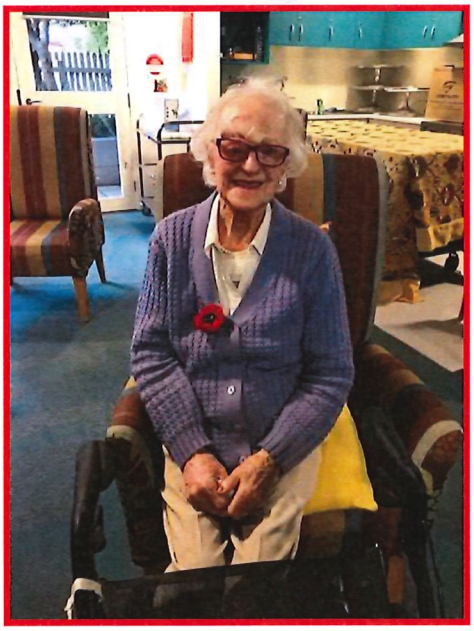
In Flanders Fields

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are Dead. Short days ago
We lived, felt dawn, saw a sunset glow,
Loved and were loved, and now we lie
In Flanders fields

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders Fields.

- John McCrae (1872-1918)



Anzac Day Quiz (answers on Page 15)

1. Where is Gallipoli peninsula?
2. What is the Victoria Cross?
3. Where is the Tomb of the unknown Australian Soldier?
4. Where di the term 'digger' originate?
5. Name on of Gallipolis's most enduring heroes of WWI, whose mascot was a donkey?
6. The red poppy is a symbol of sacrifice, where did it originate?
7. Which Australiana Pilot was awarded the Victoria Cross in WW1?
8. What is receited at the dawn service on Anzac Day?
9. Why are Anzac Commemorative Services usually at dawn?
10. What is 'Two Up'?
11. Can you name the ingredients of Anzac biscuits?
12. What other countries fought with the Anzacs?
13. In which year did WWI end?
14. What were the Allies trying to do in Gallipoli?
15. Who played the role of Frank Dune in the film Gallipoli?
16. Where did the Anzacs train before going to Gallipoli?
17. Can you recite the two first phrases of In Flanders Fields?
18. Were the Anzacs conscripted by the government?
19. How long were the Anzacs at the Gallipoli peninsula?
20. Near Gallipoli there is a very fa-

Royal Quiz.

1. What is Queen Elizabeth's nickname?
2. What was the name of Queen Elizabeth's sister?
3. Who were her parents?
4. Where was the Queen crowned?
5. Where does the Queen traditionally spend her holidays?
6. Can you name the Queen's children?
7. Following her father's death, the Queen returned to England from Where?
8. Where did Prince Phillip come from?
9. What type of dogs does the Queen have?
10. Who was the Prime Minister when Elizabeth became Queen in 1952?
11. What's the name of Prince Chalre's current wife?
12. How many grand-children does the Queen have?
13. How long has Elizabeth been Queen?
14. What turmoil occurred in 1936 to the Royal Family?
15. What title did he take after?
16. What was his relationship to the Queen?

Mary Celebrating 100 Years
Happy 100th Birthday

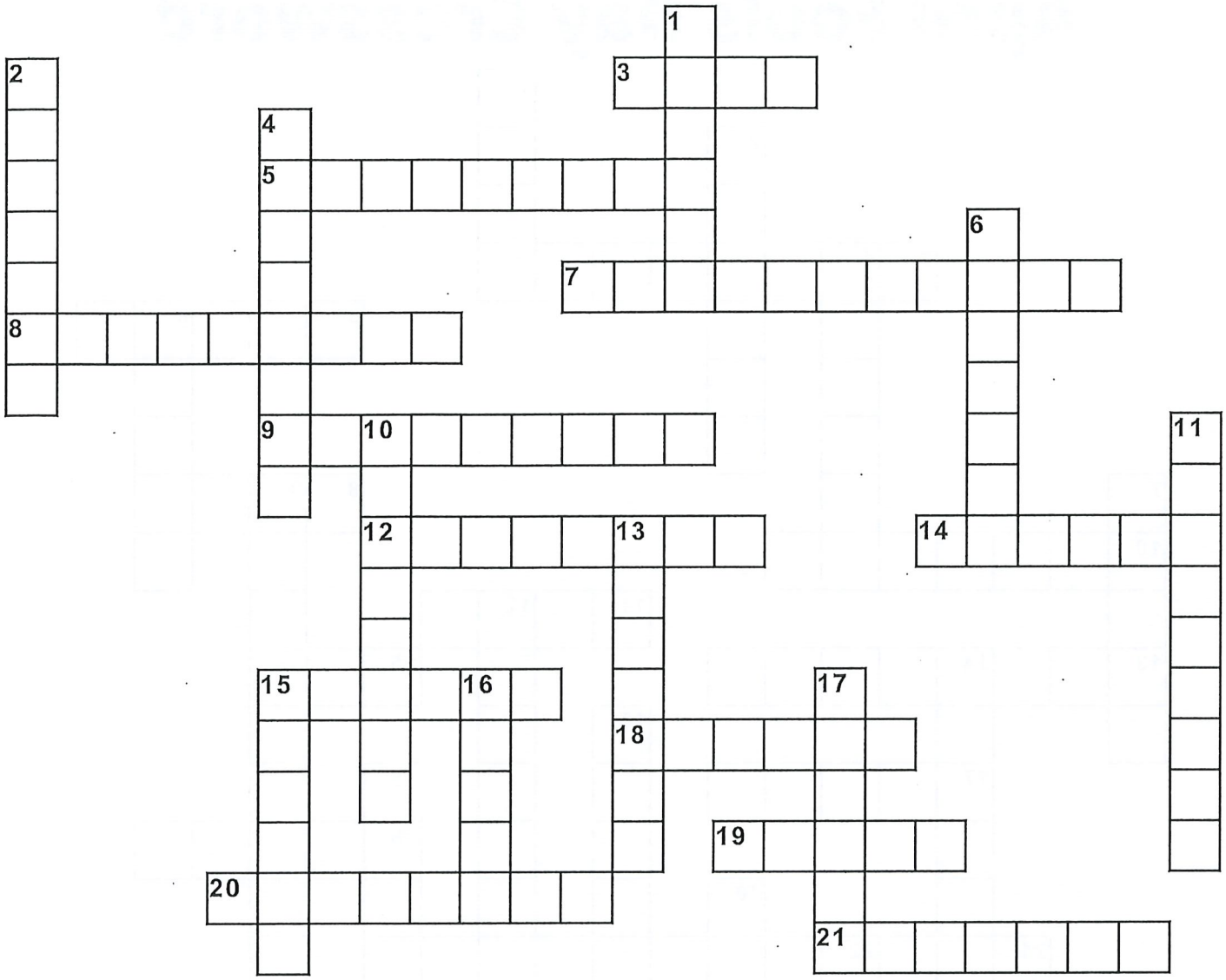
Mary celebrated her 100th birthday with her family on Friday 29 April 2022.

What a magnificent milestone and we wish Mary well.

Congratulations Mary!

The photo of Mavis has been submitted by Photographer Karen Ann Buckley to the 101 Victorians photography project. This is an online event commencing 29 April 2022 to 22 May 2022. go to photo.org.au to view the exhibition.

Monarchs of the World



Across

3 - Prince Andrew is the Duke of ___ (4)

5 - Kate Middleton's title is Duchess of ___ (9)

7 - The last King of Greece (11)

8 - The only country in Africa having absolute monarchy

9 - Egyptian queen known as 'The Queen of the Nile' (9)

12 - Haile Selassie was Emperor of which country? (8)

14 - In what country was William the Conqueror born? (6)

15 - When King George VI died, Queen Elizabeth was in ___ (6)

18 - Christian name of current reigning monarch of Monaco (6)

19 - The word 'King' in German (5)

20 - Nationality of Marie Antoinette, Queen of France (8)

21 - Caroline of Monaco's husband is Prince Ernst of ___ (7)

Down

1 - Surname of fateful 2nd wife of Henry the VIII (6)

2 - Mrs Simpson, upon marrying Prince Edward became the ___ of Windsor (7)

4 - Balmoral Castle is situated here (8)

6 - The ruling house of the British monarchy is ___ (7)

10 - What is the Crown Prince of Denmark's first name? (8)

11 - Roman General Marc Anthony & his lover, Egyptian Queen ___ (9)

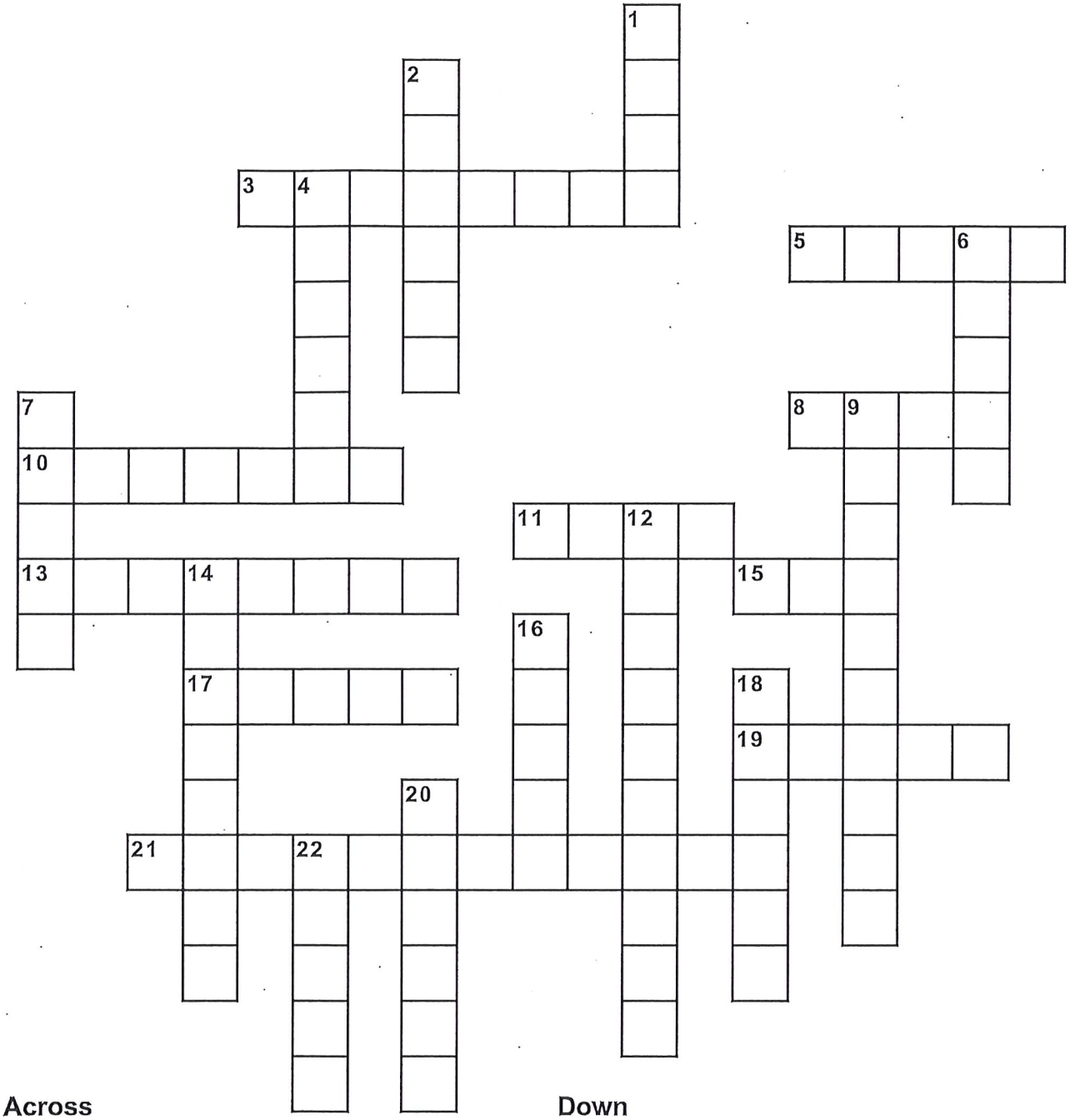
13 - The ruling house of Iran's monarchy, before the revolution (7)

15 - King known for 'The Knights of the Round Table' (6)

16 - Preferred dog breed of Queen Elizabeth II (5)

17 - What foreign language does Queen Elizabeth II speak fluently? (6)

April Fools Day Crossword



Across

3 - Comedian, recently deceased. Robin ____ (8)
5 - Being 'over the moon' is being ____ (5)
8 - Read a bar code (4)
10 - Eight sided shape (7)
11 - ____ Scotia (4)
13 - German car manufacturer, starting with 'M'
15 - 'Play it again ____' (3)
17 - April Zodiac Sign (5)
19 - 'A fool and his ____ are soon parted' (5)
21 - Record label founded by the Beatles (5, 7)

Down

1 - Famous rabbit, ____ Bunny (4)
2 - These animals are said to howl at the moon (6)
4 - Colour of the rainbow, starting with I (6)
6 - 'Penny wise and____ foolish' (5)
7 - Fish bait (5)
9 - Type of ape, starts with 'C' (10)
12 - Someone who doesn't eat meat (10)
14 - Eccentric, foolish person; starts with 'C' (8)
16 - Movie title: 'The Sound of____' (5)
18 - A queen once said: 'We are not ____' (6)
20 - Cadbury chocolate frog (6)
22 - Jokes make you ____ (5)

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Sharing your story

Do you have a story to share? Have you travelled to some far away land, had an extraordinary life altering experience or are humbled by what your life has given to you. Our residents are thirsty for knowledge and new faces and would love to spend some time hearing from you. Send an email to lifestyle@fairwayagedcare.org.au

Volunteering At Fairway

Our volunteers help make Fairway the welcoming place it is.

We welcome you to work with and participate in a variety of services and activities within our community.

You will help enrich the lives and make an obvious difference to our residents and clients.

For further information, contact Margaret Maher (Lifestyle Manager) on 9599 4199 or email lifestyle@fairwayagedcare.org.au

Take a Tour of Fairway

Do you know someone who is thinking about Aged Care, and who would like further information regarding Fairway

We hold tours fortnightly and the dates for the upcoming months are as follows

May 9th & 26th @ 2pm June 10th & 23rd @ 2pm

Contact Moira Cameron (PA/Office Manager) on 9599 4199

Or email reception@fairwayagedcare.org.au

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We Welcome

Helen Farmer

A fond farewell...

We bid a fond farewell to

Elke Christian

Staff Movements

In summary staff movements are as follows, since our last newsletter.

Congratulations to Anne Holland our Hospitality Manager on celebrating her 70th Birthday. Happy birthday Anne.

Milestones 10 Year of Service - Congratulations

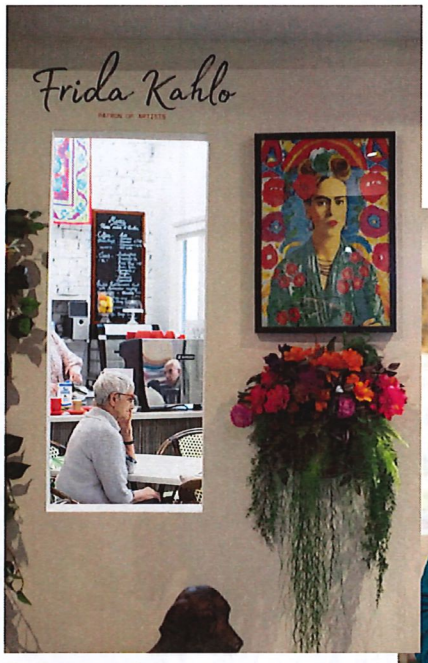
Yuriko Kawabata & Ruth Grimmer

New Starters

Yasmine Sandford	Surinderjeet Kaur
Adriana Silva	Moira Cameron
Ali Zulifigar Khan	Annie Wang
Jasmina Hopovac	Jack Hodonu
Elisa Huang	

Resignations

Iveta Gocky	Elli Dalianis



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We engaged Sean McDonald photography to spend the day at Fairway and take photos of your home and of you, our residents. These photos will be used for our new website and across other mediums such as social media and our Annual report.

We have also engaged with a website specialist Sheridan from Peabody Digital to assist in re-vamping our webpage, this is coming along nicely and will be ready for launch come June 2022. Images from the day with Sean will be used across the new webpage.

As social media and the internet have fast become integral forms of communication for businesses we felt it was time to 'Get with the times' and be instrumental in making this change.

We do need your permission however to include any images of yourself so if you haven't completed a Consent Form as yet please see Emma or Victoria at reception and they can assist with completing the form.

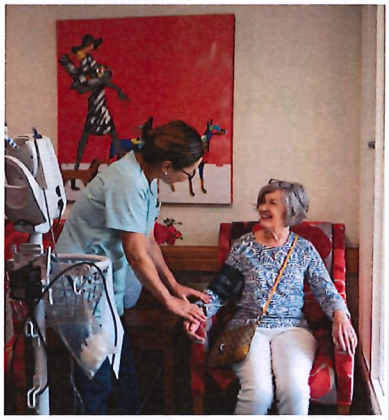
Rest assured we will not use your image if you **DO NOT** consent.

International Nurses Day 12th May 2022

The theme for International Nurses Day (INC) is Nurses: A voice to Lead - Invest in nursing and respect rights to secure global health.

We celebrate INC to commemorate the birth in 1920 of Florence Nightingale, the foundational philosopher of modern nursing

Our amazing nursing team will be celebrated on 12th May. We all know how integral our nurses and care staff are to our organisaton and we appreciate them immensely.



Florence Nightingale

Born 12 May 1920 in Florence, Grand Duchy of Tuscany. Died 13 August 1910 at aged 90 in Mayfair London.

During the Crimean war, she gained the nickname 'The Lady with the Lamp' the name was popularized by Henry Wadsworth Longfellow's 1857 poem

"Santa Filomena"

Lo! In that house of misery

A lady with a lamp I see

Pass through the glimmering gloom

And flit from room to room.

National Receptionist Day
11 May 2022

Did you know it is National Receptionist day on 11th May 2022. Please stop by and say hello to Emma and Victoria our wonderful receptionists who do a fantastic job. Our receptionists play an integral role to Fairway and they are the first impression of any organization. We want to let Emma & Victoria know that we appreciate them and what a wonderful job they do.

Thank you Emma and Victoria

Happy National Receptionists day

MAY ACTIVITY PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1st AFL Screening in the Lounge (see whiteboard for times) 1.30 Wellness Tai chi\Exercises 2.15 In-house movie
2nd 10.00 Café 10.15 Bus Outing 11.15 Quiz 1.30 Art program 2.00 **Mah Jong** come along and learn how to play this fascinating game 3.00 Sport/Golf	3rd **Hairdresser** 10.00 Café 10.15 CWA 11.15 Quiz 1.00 Hand Therapy 1.30 Bingo 1.30 Wellness / Meditation 3.00 Scrabble	4th 10.15 CWA 11.15 Quiz 1.30 Art Connections (online) 3.00 Sport/Darts 4.00 Rumikin	5th 11.15 Quiz 1.30 Music Requests 3.00 Izzy & her reptiles 4.00 The Crown - Lounge 4.00 Rumikin	6th Cafe 11.15 Quiz 1.30 Sport/Bocce 3.15 Happy Hour	7th AFL Screening in the Lounge 1.30 Wellness Tai chi\exercises 2.15 Memory Lane	**8th Mother's Day** 1.30 Exercise 2.30 High tea celebration for Mother's Day
9th 10.15 Morning tea 'w' Jan & Robyn 10.15 Bus Outing 11.15 Quiz 1.30 Art program 1.30 Book group/Jennie 3.00 Sport/Golf	10th **Hairdresser** 10.00 Café 10.15 CWA 11.15 Quiz 1.00 Hand Therapy 1.30 Bingo 1.30 Wellness / Meditation 3.00 Scrabble	11th 10.15 CWA 11.15 Quiz 1.30 On-line crosswords 3.00 Sport/Darts 4.00 Rumikin	**12th International Nurses Day** 11.15 Quiz 1.30 Music Requests 3.00 Bocce 4.00 The Crown /front Lounge 4.00 Rumikin	13th 11.15 Quiz 1.00 Kiosk / Joan 1.30 Café outing 3.15 Happy Hour 'w' Joseph	14th AFL Screening in the Lounge 1.30 Wellness Tai chi\exercises 2.15 Memory Lane	15th AFL Screening in the Lounge (see whiteboard for times) 1.30 Wellness Tai chi\Exercises 2.15 In-house movie

MAY ACTIVITY PROGRAM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
16th 10.15 Bus Outing 11.15 Quiz 1.30 Art program 1.30 Pete the Piano Man 3.00 Sport/Golf	17th **Hairdresser** 10.00 Café 10.15 CWA 11.15 Quiz 1.00 Hand Therapy 1.30 Bingo 1.30 Meditation 3.00 Scrabble	18th 10.00 Art Connections Brighton Town Hall 10.15 CWA 11.15 Quiz 1.30 On-line crosswords 3.00 Sport/Darts 4.00 Rumikin	19th 11.15 Quiz 1.30 Music Requests 2.30 Café outing (Izzy) 4.00 The Crown - Lounge 4.00 Rumikin	20th 11.15 Quiz 1.30 Sport/Bocce 3.15 Happy Hour	21st AFL Screening in the Lounge 1.30 Wellness Tai chi\exercises 2.15 Memory Lane	22nd AFL Screening in the Lounge (see whiteboard for times) 1.30 Wellness Tai chi\Exercises 2.15 In-house movie
23rd 10.15 Morning tea with Jan & Robyn 11:15 Quiz 1.30 Art program 1.30 Book group/Jennie 3.00 Sport/Golf	24th **Hairdresser** 10.00 Café 10.15 CWA 11.15 Quiz 1.00 Hand Therapy 1.30 Bingo 1.30 Meditation 3.00 Scrabble	25th 9.00 Men's Breakfast 10.00 Art Connections Brighton Town Hall 10.15 CWA 11.15 Quiz 1.30 Darts 4.00 Rumikin	26th 11.15 Quiz 1.30 Residents meeting 3.00 music requests 4.00 The Crown - Lounge 4.00 Rumikin	27th 11.15 Quiz 1.00 Kiosk / Joan 1.30 Café outing 3.15 Happy Hour 'w' Joseph	28th AFL Screening in the Lounge 1.30 Wellness Tai chi\exercises 2.15 Memory Lane	29th 1:30 Wellness Tai Chi/Exercise 2:00 Bayside Singers 3:00 Afternoon tea 'w' Bayside Singers
30th 10.15 Bus Outing 11.15 Quiz 1.30 Art program 1.30 Sport/Golf 3.30 Anglican Service with Georgina	31st **Hairdresser** 10.00 Café 10.15 CWA 11.15 Quiz 1.00 Hand Therapy 1.30 Bingo 1.30 Meditation 3.00 Scrabble					

Puzzle Answers

Anzac Day quiz—Answers

1. In western Turkey
2. The highest British Commonwealth award for bravery
3. In the Australian War Memorial Canberra
4. It refers to the trench digging activities during WW1
5. John Simpson Kirkpatrick or Jack Kirkpatrick served with the ANZAC troops in Gallipoli. After landing he obtained a donkey and began carrying wounded soldiers from the frontline to be evacuated. He did it under fire and lasted three and a half weeks when he was killed.
6. It comes from the poem in Flanders Fields by Canadian poet John McCrae
7. Lt Frank McNamara
8. The Ode
9. Because that's when the troops landed
10. Is a coin game
11. Flour, oats, coconut, brown sugar, butter, golden syrup, bicarb soda & boiling water
12. UK, USA, Canada, India and Egypt
13. November 1918
14. To protect the Dardanelles waterways
15. Mel Gibson
16. Egypt
17. In Flanders Fields the poppies grow, between the crosses row on row
18. No they were all volunteers
19. Eight months

April Fools day Cross-word answers.

Across

3. Williams
5. Happy
8. Scan
10. Octagon
11. Nova
13. Mercedes
15. Sam
17. Aries
19. Money
21. Apple records.

Down.

1. Bugs
2. Wolves
4. Indigo
6. Pound
7. Worms
9. Chimpanzee
12. Vegetarian
14. Crackpot
16. Music
18. Amused
20. Freddo
22. Laugh

Monarchs of the World

Across

3. York
5. Cambridge
7. Constantine
8. Swaziland
9. Nefertiti
12. Ethopia
14. France
15. Africa
18. Albert
19. Konig
20. Austrian
21. Hanover.

Down.

1. Boleyn
2. Duchess
4. Scotland
6. Windsor
10. Frederik
11. Cleopatra
13. Pahlavi
15. Arthur
16. Corgi
17. French

Royal Quiz– answers

1. Lilibet
2. Margaret Rose
3. George and Elizabeth
4. Westminister Abby
5. Balmoral Castle
6. Charles, Anne, Andrew and Edward
7. Africa
8. Greece
9. Corgi
10. Winston Churchill
11. Camila
12. Eight
13. 70 years (2022)
14. Abdicated the thrown
15. Duke of Windsor
16. Her uncle.

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